

CROSS SYSTEM COLLABORATION: MAKING A DIFFERENCE

*MENTAL HEALTH NEEDS IN
PERSONS WITH
DEVELOPMENTAL DISABILITIES:
NASDDDS 2003 Annual Meeting
Pathways to Excellence*

DSHS Goals

- Improve accessibility & appropriateness of mental health services to individuals with mental illness, mental disorders and/or challenging behavior(s).
- Implement the Collaborative Work Plan to satisfy the requirements of the mediated settlement in *Allen v. WSH, et al.*

DDD/MHD Collaborative Work Plan

Three Phases

1. Improve services at state psychiatric hospitals.
2. Develop a community support infrastructure.
3. Develop secure facility options for long-term treatment.

Improving State Hospital Services for DD/MR Individuals

- Multi-Modal Habilitative Mental Health Model (*William Gardner*)
 - All DD/MR located in DD/MR wing.
 - Staff w/ strong expertise in working with DD/MR.
 - 6 hours of active treatment per day.
 - Inclusive vocational opportunities.
 - Real-life, off campus learning opportunities.
 - Competency-based restorative training and core curriculum based on individual needs.
 - Collaboration with community support team.

Community Infrastructure Goals

- *Increase MH expertise in Division of Developmental Disabilities (DDD).*
- *Increase Residential Services & Support capacity.*
- *Improve efficacy of Crisis Prevention & Intervention services.*
- *Access to Crisis Diversion Beds.*
- *Cross System Training.*
- *Cross System Crisis Prevention & Intervention Planning*
- *Increase Access to Psychiatric Evaluation & Medication Management.*

Community Infrastructure Development

- *15 FTES hired into DDD w/ mental health expertise.*
- *96 funded community residential “slots”.*
- *Contracts with MH vendors for enhanced crisis intervention & prevention services.*
- *18 crisis diversion beds statewide.*
- *Contracts w/ ARNPs, Psychiatrists for psych eval & med monitoring.*
- *Cross System Training .*
- *Program Oversight .*

Resources

- **Funds would be ongoing**
- **What does 7.8 million a year buy?**
 - *Crisis contracts = \$3.5 million/biennium*
 - *Crisis Diversion Beds = \$2.5 million/ biennium*
 - *Psychiatric = \$1.7 million/ biennium*
 - *Program Oversight = \$210,000/biennium*
 - *Training = \$257,000/biennium*
- **Additional Funds:**
 - *Outplacements = Varies per legislative session*

So, How Well is it Working.....

- DATA We Know
 - Impact on Census at State Hospital
 - Use of Crisis Contracts
 - Use of Diversion Beds
 - Use of Psychiatric Services
 - Hours of Training

Data to Date..... CENSUS

- Census at WSH has been reduced but recent trend shows it is constant.

Dec 98	93	
Sept 02	45	
Sept 03*	37	

- *Impacted by decision to place “Phase 3” at the state hospital.

Data to Date.. CRISIS, DIVERSION, PSCYHAITRIC, TRAINING

	Jul 02 - June 03
	State Totals
<u>Diversion Bed Services</u>	
# of clients served	235
# of bed days avail**** <i>***based on contracted capacity</i>	
# of Bed days occupied	3382
# of bed days still available	709
% of utilization	70%
RHC Diversion Bed	
# of clients served	363
# of bed days used	5504
Other Diversion Bed Activity	
# of clients served	30
# of bed days used	734
<u>Crisis Stabilization Services</u>	
# of clients served in crisis	2287
# of hours	19506
<u>Medical Contract Services</u>	
# of clients served in medical	1259
# of hours	1948
<u>Training Service hours</u>	
# of MH training hours	2539

Total Allocation

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	DDHQ	
								Total by type
Service Description								
Diversion Beds	\$ 133,581	\$ 133,581	\$ 133,581	\$ 267,162	\$ 267,162	\$ 267,162	\$ -	\$ 1,202,229
Crisis Response	\$ 263,482	\$ 216,560	\$ 229,193	\$ 442,144	\$ 330,255	\$ 292,357	\$ -	\$ 1,773,991
Total Allocated	\$ 397,063	\$ 350,141	\$ 362,774	\$ 709,306	\$ 597,417	\$ 559,519	\$ -	\$ 2,976,220
Medical Eval	\$ 74,615	\$ 74,615	\$ 74,615	\$ 74,615	\$ 74,615	\$ 74,615	\$ -	\$ 447,690
Total Medical	\$ 74,615	\$ 74,615	\$ 74,615	\$ 74,615	\$ 74,615	\$ 74,615	\$ -	\$ 447,690
Diversion bed Outplacement	\$ 339,553	\$ 286,472	\$ 378,563	\$ 389,310	\$ 353,272	\$ 344,751	\$ 314,641	\$ 2,406,562
MH Outplacements	\$ -						\$ 1,499,102	\$ 1,499,102
Total Other	\$ 339,553	\$ 286,472	\$ 378,563	\$ 389,310	\$ 353,272	\$ 344,751	\$ 1,813,743	\$ 3,905,664
Program Oversight	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 101,500	\$ 101,500
Cross System s Training	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 134,307	\$ 134,307
Total HQ	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 235,807	\$ 235,807
Budget Notes:								
1. ARNP monies (R1,2,3,4,6) were allocated in the regional field staff FTE and are no longer considered part of this MH allocation.							Total MH Funding	\$ 7,565,381
2. Services include a VRI of 1.5% for FY 02-03								
3. Diversion bed outplacements are to be tracked at both the regional and Central office.								

RSN	REG ION	COUNTY	% O F	FY 02	Revised FY 03
Chelan-Douglas	1	Chelan	1.2%	\$21,336	21,656
Chelan-Douglas	1	Douglas	0.3%	\$5,334	5,414
RSN Total				\$26,670	27,070
Clark	6	Clark	4.7%	\$83,566	84,819
RSN Total				\$83,566	84,819
Gray's Harbor	6	Gray's Harbo	1.4%	\$24,892	25,265
RSN Total				\$24,892	25,265
Greater Columbia	2	Asotin	0.5%	\$8,890	9,023
Greater Columbia	2	Benton	2.2%	\$39,115	39,702
Greater Columbia	2	Columbia	0.1%	\$1,779	1,806
Greater Columbia	2	Franklin	0.8%	\$14,224	14,437
Greater Columbia	2	Garfield	0.0%	\$0	-
Greater Columbia	2	Kittitas	0.7%	\$12,446	12,633
Greater Columbia	6	Lickitat	0.3%	\$5,334	5,414
Greater Columbia	6	Skamania	0.1%	\$1,778	1,805
Greater Columbia	2	Walla Walla	1.5%	\$26,670	27,070
Greater Columbia	1	Whitman	0.5%	\$8,890	9,023
Greater Columbia	2	Yakima	5.3%	\$94,234	95,648
RSN Total				\$213,360	216,560
King	4	King	24.5%	\$435,610	442,144
RSN Total				\$435,610	442,144
North Central	1	Adams	0.2%	\$3,555	3,608
North Central	1	Grant	1.3%	\$23,114	23,461
North Central	1	Okanogan	0.6%	\$10,669	10,829
RSN Total				\$37,338	37,898
North Sound	3	Island	0.8%	\$14,224	14,437
North Sound	3	San Juan	0.0%	\$0	-
North Sound	3	Skagit	1.2%	\$21,336	21,656
North Sound	3	Snohomish	8.0%	\$142,241	144,375
North Sound	3	Whitcom	2.7%	\$48,005	48,725
RSN Total				\$225,806	229,193
Northeast	1	Ferry	0.2%	\$3,556	3,609
Northeast	1	Lincoln	0.1%	\$1,779	1,806
Northeast	1	Pend Oreille	0.2%	\$3,556	3,609
Northeast	1	Stevens	0.7%	\$12,445	12,632
RSN Total				\$21,336	21,656
Peninsula	6	Callam	1.9%	\$33,782	34,289
Peninsula	6	Jefferson	0.5%	\$8,890	9,023
Peninsula	5	Kitsap	3.7%	\$65,786	66,773
RSN Total				\$108,458	110,085
Pierce	5	Pierce	14.6%	\$259,588	263,482
RSN Total				\$259,588	263,482
Southwest	6	Cowlitz	1.6%	\$28,448	28,875
RSN Total				\$28,448	28,875
Spokane	1	Spokane	9.8%	\$174,244	176,858
RSN Total				\$174,244	176,858
TOTAL				\$1,747,774	1,773,991

Key Initiatives for Success

- Collaboration is *FORMAL*
 - Written plan of action
 - WPAS involvement
- Collaboration is *FUNDED*
 - Legislative allocations
- Collaboration is *FACILITATED*
 - MHD and DDD Cross System Committee
 - MHD and DDD have statewide coordinators
 - National experts advising the state, & provide written reports.
(*Monitors*)

Other initiatives for success

- **Cross System Training**
 - *Positive Behavior Support Planning-*
 - *DSM diagnostic equivalents-*
 - *Communication skills development for residential /vocational providers -*
 - *Cross System Crisis Planning*
- **Commitment to not rely on restrictive procedures**

On-going Challenges

- Phase 3 has created a reversal in LOS trends.
- Finding cost-effective community alternatives for clients who pose public safety risk.
- Census
 - Clients require longer tx and more extensive community supports.