

# CROSS SYSTEM COLLABORATION: MAKING A DIFFERENCE

*MENTAL HEALTH NEEDS IN  
PERSONS WITH  
DEVELOPMENTAL DISABILITIES:  
Working Together in New Directions*

9/27/2004

NADD 19<sup>th</sup> Annual Conference

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# DSHS Goals

- Improve accessibility & appropriateness of mental health services to individuals with mental illness, mental disorders and/or challenging behavior(s).
- Implement the Collaborative Work Plan to satisfy the requirements of the mediated settlement in *Allen v. WSH, et al.*

# DDD/MHD Collaborative Work Plan

- 1. Improve services at state psychiatric hospitals.**
- 2. Develop a community support infrastructure.**
- 3. Develop secure facility options for long-term treatment.**

# Improving State Hospital Services for DD/MR Individuals

- **Multi-Modal Habilitative Mental Health Model**  
*(William Gardner)*
  - All DD/MR located in DD/MR wing.
  - Staff w/ strong expertise in working with DD/MR.
  - 6 hours of active treatment per day.
  - Inclusive vocational opportunities.
  - Real-life learning opportunities.
  - Competency-based restorative training and core curriculum based on needs.
  - Collaboration with community support team.

# Community Infrastructure Goals

- *Increase MH expertise in Division of Developmental Disabilities (DDD).*
- *Increase Residential Services & Support capacity.*
- *Improved Crisis Prevention & Intervention services*
- *Crisis Diversion Beds.*
- *Cross System Training.*
- *Cross System Crisis Prevention & Intervention Planning*
- *Increase Psychiatric Evaluation & Medication Management Access.*

# Community Infrastructure Development

- ***15 FTES hired into DDD w/ mental health expertise.***
- ***96 funded community residential “slots”.***
- ***Contracts with MH vendors for enhanced crisis intervention & prevention services.***
- ***18 crisis diversion beds statewide.***
- ***Contracts w/ ARNPs, Psychiatrists for psych eval & med monitoring.***
- ***Cross System Training .***
- ***Program Oversight .***

# Resources

- **Funds would be ongoing**
- **What does 7.8 million a year buy?**
  - ***Crisis contracts = \$3.5 million/biennium***
  - ***Crisis Diversion Beds = \$2.5 million/ biennium***
  - ***Psychiatric = \$1.7 million/ biennium***
  - ***Program Oversight = \$210,000/biennium***
  - ***Training = \$257,000/biennium***
  - ***Outplacements = \$6.8 Million/biennium***

# So, How Well is it Working.....

- **DATA We Know**

- **Impact on Census at State Hospital**
- **Use of Crisis Contracts**
- **Use of Diversion Beds**
- **Use of Psychiatric Services**
- **Hours of Training**

# Data to Date..... CENSUS

- **Census at WSH has been reduced but recent trend shows it is constant.**

<b>December-98</b>	<b>93</b>
<b>June-01</b>	<b>46</b>
<b>September-02*</b>	<b>45</b>
<b>April-04</b>	<b>33</b>

**—\*Impacted by decision to place  
“Phase 3” at the state hospital.**

# Data to Date.. CRISIS, DIVERSION, PSCYHAITRIC, TRAINING

	July 02 -Sept02	Oct-Dec 02	Jan -Mar 03	Apr-June 03	FY 03 YTD
	<u>State Totals</u>	<u>State Totals</u>	<u>State Totals</u>	<u>State Totals</u>	<u>State Totals</u>
<b><u>Diversion Bed Services</u></b>					
# of clients served	52	56	50	36	194
# of bed days avail***.	768	970	953	691	3382
<i>***based on contracted capacity</i>					
# of Bed days occupied	677	700	605	398	2380
# of bed days still available	91	270	348	293	709
% of utilization	88%	72%	64%	58	70%
<b><u>Mobile Diversion Services</u></b>					
# of clients served	0	6	24	16	30
# of hours provided	0	41	260	433	734
<b><u>RHC Diversion Bed</u></b>					
# of clients served	72	76	85	130	363
# of bed days used	1131	1254	1461	1658	5504
<b><u>Crisis Stabilization Services</u></b>					
# of clients served in crisis	556	569	651	511	2287
# of hours	4857	4762	6050	3837	19506
<b><u>Medical Contract Services</u></b>					
# of clients served in medical	307	342	279	331	1259
# of hours	572	469	421	486	1948
<b><u>Training Service hours</u></b>					
# of M H training hours billed	0	475	375	689	1539

# Total Allocation

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	DDHQ	Total by type	
<b>Service Description</b>									
Diversion Beds	\$ 133,581	\$ 133,581	\$ 133,581	\$ 267,162	\$ 267,162	\$ 267,162	\$ -	\$ 1,202,229	
Crisis Response	\$ 263,482	\$ 216,560	\$ 229,193	\$ 442,144	\$ 330,255	\$ 292,357	\$ -	\$ 1,773,991	
<b>Total Allocated</b>	<b>\$ 397,063</b>	<b>\$ 350,141</b>	<b>\$ 362,774</b>	<b>\$ 709,306</b>	<b>\$ 597,417</b>	<b>\$ 559,519</b>	<b>\$ -</b>	<b>\$ 2,976,220</b>	
Medical Eval	\$ 74,615	\$ 74,615	\$ 74,615	\$ 74,615	\$ 74,615	\$ 74,615	\$ -	\$ 447,690	
<b>Total Medical</b>	<b>\$ 74,615</b>	<b>\$ 74,615</b>	<b>\$ 74,615</b>	<b>\$ 74,615</b>	<b>\$ 74,615</b>	<b>\$ 74,615</b>	<b>\$ -</b>	<b>\$ 447,690</b>	
Diversion bed Outplacement	\$ 339,553	\$ 286,472	\$ 378,563	\$ 389,310	\$ 353,272	\$ 344,751	\$ 314,641	\$ 2,406,562	
MH Outplacements	\$ -						\$ 1,499,102	\$ 1,499,102	
<b>Total Other</b>	<b>\$ 339,553</b>	<b>\$ 286,472</b>	<b>\$ 378,563</b>	<b>\$ 389,310</b>	<b>\$ 353,272</b>	<b>\$ 344,751</b>	<b>\$ 1,813,743</b>	<b>\$ 3,905,664</b>	
Program Oversight	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 101,500	\$ 101,500	
Cross System s Training	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 134,307	\$ 134,307	
<b>Total HQ</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 235,807</b>	<b>\$ 235,807</b>	
<b>Budget Notes:</b>								<b>Total MH Funding</b>	<b>\$ 7,565,381</b>
1. ARNP monies (R1,2,3,4,6) were allocated in the regional field staff FTE and are no longer considered part of this MH allocation.									
2. Services include a VRI of 15% for FY 02-03									
3. Diversion bed outplacements are to be tracked at both the regional and Central office.									

# Crisis Response Allocation

RSN	REGION	COUNTY	% OF	FY 02	Revised FY 03
Chelan-Douglas	1	Chelan	1.2%	\$21,336	21,656
Chelan-Douglas	1	Douglas	0.3%	\$5,114	5,114
<b>RSN Total</b>				<b>\$26,450</b>	<b>26,770</b>
Clark	6	Clark	4.7%	\$83,566	84,819
<b>RSN Total</b>				<b>\$83,566</b>	<b>84,819</b>
Gray's Harbor	6	Gray's Harbo	1.4%	\$24,892	25,265
<b>RSN Total</b>				<b>\$24,892</b>	<b>25,265</b>
Greater Columbia	2	Asotin	0.5%	\$8,890	9,023
Greater Columbia	2	Benton	2.2%	\$39,115	39,702
Greater Columbia	2	Columbia	0.1%	\$1,779	1,806
Greater Columbia	2	Franklin	0.8%	\$14,224	14,437
Greater Columbia	2	Garfield	0.0%	\$0	-
Greater Columbia	2	Kittitas	0.7%	\$12,446	12,633
Greater Columbia	6	Lickitat	0.3%	\$5,334	5,414
Greater Columbia	6	Skamania	0.1%	\$1,778	1,805
Greater Columbia	2	Walla Walla	1.5%	\$26,670	27,070
Greater Columbia	1	Whitman	0.5%	\$8,890	9,023
Greater Columbia	2	Yakima	5.3%	\$94,234	95,648
<b>RSN Total</b>				<b>\$213,360</b>	<b>216,560</b>
King	4	King	24.5%	\$435,610	442,144
<b>RSN Total</b>				<b>\$435,610</b>	<b>442,144</b>
North Central	1	Adams	0.2%	\$3,555	3,608
North Central	1	Grant	1.3%	\$23,114	23,461
North Central	1	Okanogan	0.6%	\$10,669	10,829
<b>RSN Total</b>				<b>\$37,338</b>	<b>37,898</b>
North Sound	3	Island	0.8%	\$14,224	14,437
North Sound	3	San Juan	0.0%	\$0	-
North Sound	3	Skagit	1.2%	\$21,336	21,656
North Sound	3	Snohomish	8.0%	\$142,241	144,375
North Sound	3	Whatcom	2.7%	\$48,005	48,725
<b>RSN Total</b>				<b>\$225,806</b>	<b>229,193</b>
Northeast	1	Ferry	0.2%	\$3,556	3,609
Northeast	1	Lincoln	0.1%	\$1,779	1,806
Northeast	1	Pend Oreille	0.2%	\$3,556	3,609
Northeast	1	Stevens	0.7%	\$12,445	12,632
<b>RSN Total</b>				<b>\$21,336</b>	<b>21,656</b>
Peninsula	6	Clallam	1.9%	\$33,782	34,289
Peninsula	6	Jefferson	0.5%	\$8,890	9,023
Peninsula	5	Kitsap	3.7%	\$65,786	66,773
<b>RSN Total</b>				<b>\$108,458</b>	<b>110,085</b>
Pierce	5	Pierce	14.6%	\$259,588	263,482
<b>RSN Total</b>				<b>\$259,588</b>	<b>263,482</b>
Southwest	6	Cowlitz	1.6%	\$28,448	28,875
<b>RSN Total</b>				<b>\$28,448</b>	<b>28,875</b>
Spokane	1	Spokane	9.8%	\$174,244	176,858
<b>RSN Total</b>				<b>\$174,244</b>	<b>176,858</b>
<b>TOTAL</b>				<b>\$1,747,774</b>	<b>1,773,991</b>

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# Key Initiatives for Success

- Collaboration is **FORMAL**
  - Written plan of action
  - WPAS involvement
- Collaboration is **FUNDED**
  - Legislative allocations
- Collaboration is **FACILITATED**
  - MHD and DDD Cross System Committee
  - MHD and DDD have statewide coordinators
  - National Experts advising the state provide written reports. (*Monitors*)

# Other initiatives for success

- **Cross System Training**
  - *Positive Behavior Support Planning-*
  - *DSM diagnostic equivalents-*
  - *Communication skills development for residential /vocational providers -*
  - *Cross System Crisis Planning*
- **Commitment to not rely on restrictive procedures**

# On-going Challenges

- **Phase 3 has created a reversal in LOS trends.**
- **Finding cost-effective community alternatives for clients who pose public safety risk.**
- **Census has stabilized at 33-**
  - **Clients require longer tx and more extensive community supports**