

Person Centered Tool to Discuss Transition Readiness

GENERAL INSTRUCTIONS:

- **CM to use tool in early June as a guide to having conversations with all participants and their families/guardians to discuss their “readiness” for services in the community and in centers.**

NOTE: Participants currently authorized for ADH/CLS-G and/or day services will be prioritized

- **Use the information gathered in these conversations to:**

- 1) Discuss how participants and families/caregivers are doing to ensure participants are prepared to transition to services in the community and/or center
- 2) Reach out to and communicate with providers and other circle members
- 3) Document conversation(s) in contact notes
- 4) Inform ISP/Action Plan revisions when applicable (e.g. Health and Safety Risks, Lifecourse areas, goals, etc.)

- **Pay particular attention to:**

- 1) COVID-19 Exposure
- 2) Goals and Outcomes – e.g. new skills to capitalize on
- 3) Lifecourse areas – e.g. new routines, activities, preferences, etc.

How are you and your family/household doing now?

1. Have you and your family/household been well?

- Anyone been sick recently?
- Any changes to your health status/conditions?
- How have you and your family/household members been coping?

NOTE: CM should look out for any indications/signs of depression, anxiety, unmanageable stress, etc.

2. How have you been spending your day?

- Any new routines that want to continue?
- Have family/household members been going out more (since places in community opening now)?
- Will family member(s) need to go back to work soon?
 - Do you have the supports in your home if your family begins to transition back to work?

NOTE: Appendix K authorizations may be applicable to help support (e.g. if family members are essential workers or need to return to work)

3. How are the services you’ve been receiving (during stay at home order) if applicable?

- Do you get to do some of the things you like/want to do?
- How do you like the telehealth services (if applicable)?
- What’s working/not working?

Are you interested in resuming any services (e.g. ADH/CLSG)?

1. Would you want to go back to your ADH/CLSG program?

CM should talk about possible changes in/to the ADH that participant/family may want to think about:

- Schedule changes – not everyone may be able to return or be at ADH at same time, may not be able to go everyday
- May not be able to “choose” groups/staff (e.g. may be assigned to reduce risk of exposure)
- Will have to be “screened” (most likely before and after going ADH)
- Transportation to/from ADH – can someone drop off/pick up? Or will need to use Handivan or agency vehicles
- Will have to stay 6’ apart from everyone (unless need hands-on assistance from staff)
- May have to wear a mask – especially in community settings
 - Do you have masks?
 - Have you tried wearing one – how long can leave it on?
- Will be stricter about washing hands frequently
- Will have to clean/disinfect mobility and any other assistive devices or medical equipment that use/need

2. Do you or your family/household have any questions or concerns about your safety if start going back ADH or out in the community more?

- Any questions for ADH provider (e.g. cleaning/disinfecting protocol, screening and visitor protocol, etc.)?
- Anything you need from the provider to make you feel comfortable going back to ADH or in community?

