

# NC I/DD Initiatives: Inclusion Connects!

Kelly Crosbie, MSW, LCSW
Director, DMHDDSUS
June 2025



# Kelly Crosbie, MSW, LCSW, DMH/DD/SUS Director



- 30 years in MH/SU/IDD Field
- 13 years in DHHS
- DMHDDSUS since Dec 2022
- Licensed Clinical Social Worker (LCSW)
- Person with lived experience

## Who we are: DMHDDSUS' Mission, Vision, and Principles



### **Our Principles**

**Lived Experience.** We value lived experience by listening to and advocating for individuals and families, championing the expertise of peers, promoting natural and community supports, and creating opportunities for meaningful partnership.

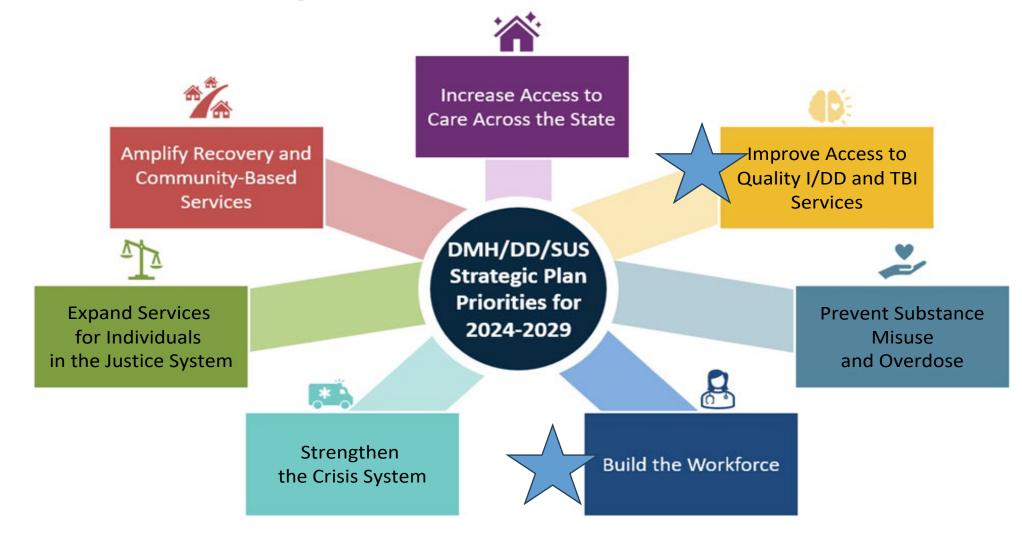
**Equity.** We create policy that helps everyone get what they need to live healthy lives in their communities, with particular focus on improving access to services for historically marginalized populations.

**Inclusivity.** We commit to ensuring that everyone who uses our systems feels welcomed, and our policies support the health and well-being of all North Carolinians, regardless of race, ethnicity, sex, gender identity and expression, sexual orientation, age, national origin, socioeconomic status, religion, ability, culture and experience.

Quality. We promote the provision of high-quality, evidence-based services and supports that leverage the expertise and best-practices of our clinical partners.

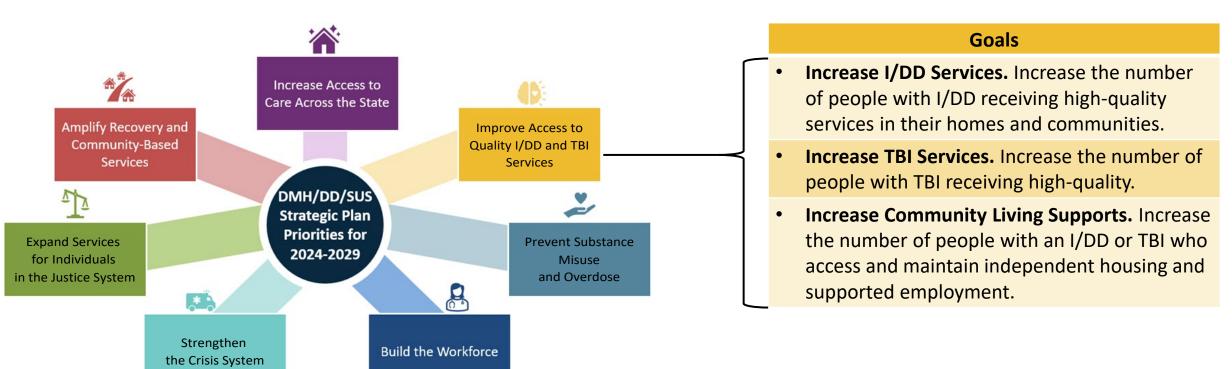
**Trauma-Informed.** We recognize the reality of trauma and promote a culture of kindness, understanding, and respect for every person.

# **DMHDDSUS Strategic Priorities 2024-2029**





# **Priority 2: Increase Access to Quality I/DD and TBI Services**





#### **Inclusion Connects**

Link individuals with I/DD and caregivers to essential services and supports.

### **Waitlist Monitoring & Outreach**

Conduct outreach to support individuals on the Innovations Waiver waitlist, understanding their needs and directing them to available services.

# Home- and Community-Based Service (HCBS) Access

Assist individuals on the Innovations Waiver waitlist and enroll eligible individuals in the 1915(i) state plan amendment for home and community-based services.

### **Housing Plan**

Create a framework to transition individuals with I/DD from institutions to community living, ensuring accessible housing options and a coordinated transition process.

#### **Inclusion Works**

Enhance the Competitive Integrated Employment (CIE) program to help individuals with I/DD secure and maintain competitive community jobs.

# Tailored Care Management (TCM) Engagement

Launch an educational campaign with DHB and LME/MCOs to enroll individuals with I/DD and TBI in comprehensive care management.

### I/DD Peers

Define a peer navigator curriculum for individuals with I/DD to enhance support networks through lived experience.

#### **Interpersonal Violence (IPV)**

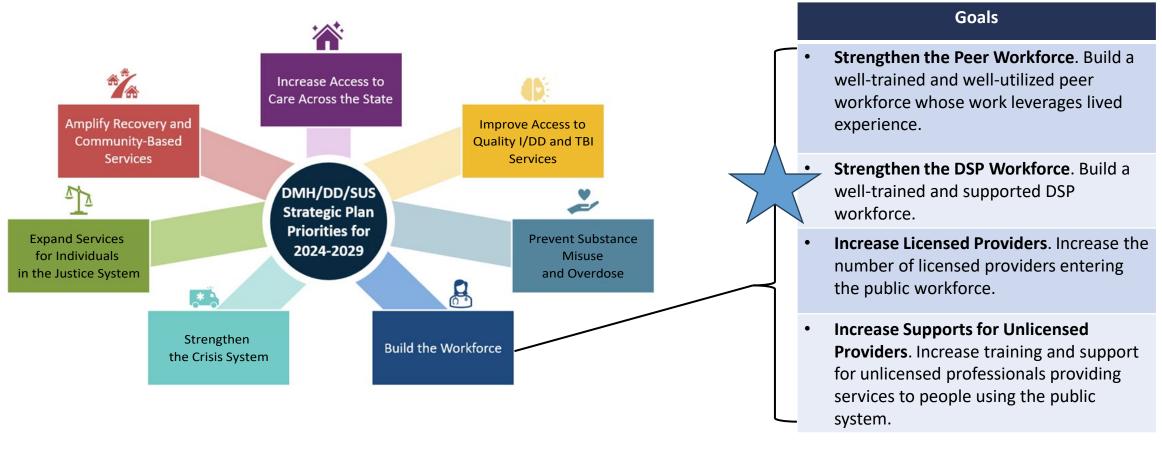
Mandate annual IPV prevention training for I/DD providers and develop accessible curricula on IPV, healthy relationships, and sexual health.

### **Individual and Family Service Direction**

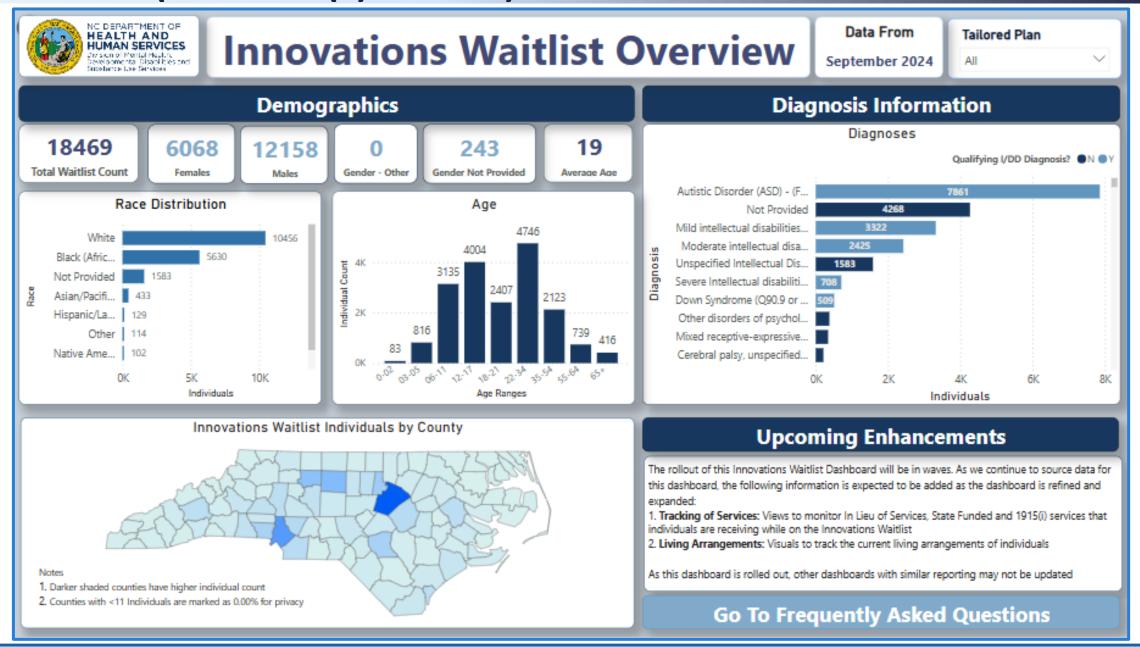
Revitalize consumer-directed care management approaches and policies for individuals and families.



### **Priority 4: Build the Workforce**



### Innovations (CAP-IDD (c) Waiver) Waitlist Dashboard



# **Inclusion Connects**





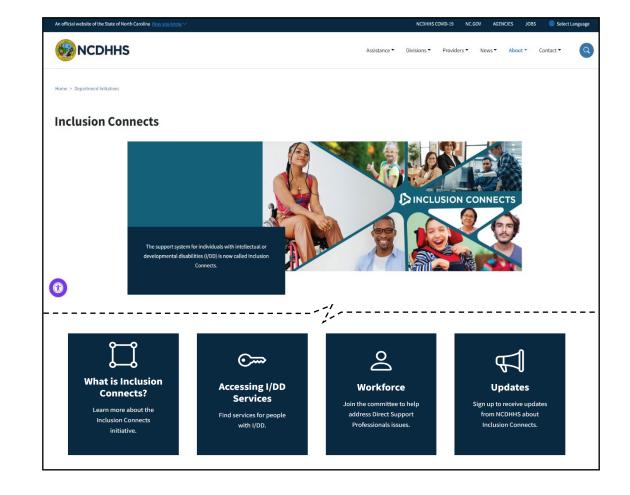
### **Inclusion Connects Background**

Inclusion Connects is designed to help individuals with I/DD in North Carolina, regardless of age or ability level, and their families navigate the complex system of services from birth to the end of life.

# <u>Inclusion Connects</u> was created to enhance the I/DD connection to their community, focusing on:

- Promoting access to services for all individuals in need of services, including those on the Innovations Waiver Waitlist.
- Addressing the Direct Support Professional (DSP)
   Workforce Shortage, including connecting DSPs with providers and individuals with I/DD.
- Improving access and enhancing the housing array for individuals with I/DD.





# Inclusion Connects Releases Quarterly Report Enhancing I/DD Services in North Carolina

- Part of our commitment to serve people with intellectual and developmental disabilities (I/DD)
- Highlights our progress in enhancing service access and support for the I/DD community in North Carolina.
- We will also publish a comprehensive work plan outlining further steps to meet these individuals' needs in February.

**Learn More** 



NC Department of Health and Human Services

Expanding Access to Services and Supports for Individuals

with Intellectual and Developmental Disabilities



Inclusion Connects Quarterly Report
Data Collection Period: July 1, 2024, through September 30, 2024

Jan 15, 2025

**Inclusion Connects Report** 

## **Services Data Reporting**

### **Services Data Highlights**



Individuals completed the 1915(i) Assessment and Eligibility Process



Individuals received 1915(i) services



Individuals on the Waitlist receiving I/DD-related services



Total Waiver Slots



Total Individuals
Remaining on Waitlist as
of 9/30/2024

### **Improving Outcomes**

- Established multiple communication channels to maintain ongoing stakeholder engagement about the implementation and results of 1915(i) services
- 2 Engage the public through hosting webinars that focus on access to and eligibility for 1915(i) services

The Innovations Waitlist Dashboard has been launched to offer insights into individuals on the waitlist and improve tracking of their service needs

Report Period: July - September 2024

### **Services & Support Activities**

**Goal:** Improve access, service delivery and communications for individuals with I/DD.



Innovations Waiver Waitlist Dashboard

Continuously enhance data quality to improve dashboard tracking, ensuring effective monitoring and decision-making for individuals receiving services.



**Waitlist Analysis** 

Understand the scope of need for individuals on the waitlist by analyzing demographic and service usage data while reviewing historical data to identify common characteristics of waitlisted individuals.



**Waitlist Management** 

Standardize waitlist
management processes
across LME/MCOs to
ensure consistency and
prioritization of individuals
in need of services.



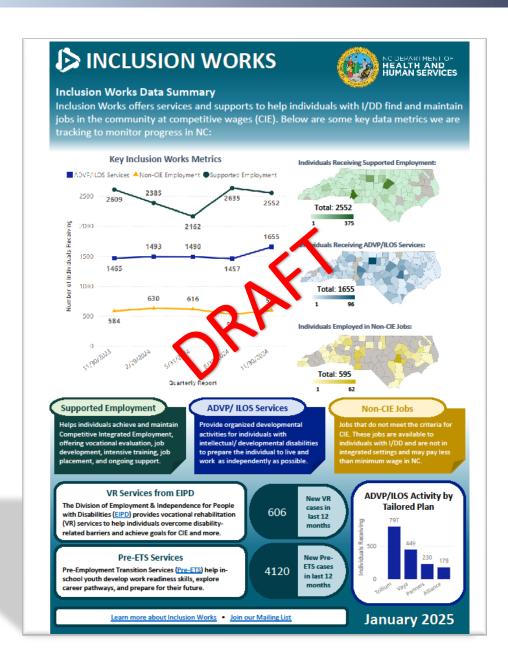
**Services Expansion** 

Enhance access to services for individuals on the waitlist through several offerings. This objective also focuses on educating and coordinating with individuals about available services (Accessible Comms).

Reporting Update: Monthly emails are sent to the LME/MCOs to summarize any data deficiencies and discuss steps for resolution.

# Inclusion Works is releasing new one-pager on CIE in NC.

- Everyone has a right to work in an integrated setting for fair pay if that is their choice.
- Inclusion Works offers services and support to help individuals with I/DD find and maintain jobs in the community at competitive wages.





### Making Health Information Clear, Accessible and Actionable

The Accessible Communications campaign, a joint effort between DMH/DD/SUS and NC Medicaid, shows NCDHHS' commitment to help North Carolinians understand the health benefits and services available to them.

The campaign focused on creating accessible resources to help people with serious mental health needs, traumatic brain injury, intellectual/developmental disabilities or substance use issues better understand:

- ✓ Tailored Plans
- ✓ Tailored Care Management
- ✓ 1915(i) and NEMT services

- ✓ TBI and the NC Innovations waiver
- ✓ Content for insured individuals
- ✓ Other projects as needed



### **Developing Clear, Informative Resources**



Tailored
Plans
Launched
June 13, 2024



Tailored Care Management Launched Aug. 9, 2024



1915(i) Services Launched April 3, 2025



Waiver
Launched
April 24, 2025

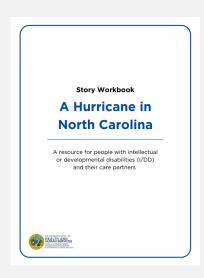
### **Special Projects**

Two additional projects were completed to meet NCDHHS and community needs.

Comité Asesor Estatal de Consumidores y Familias de Carolina del Norte Informe anual y recomendaciones Año fiscal 2023-2024 10 de julio de 2024 Edición especial del 20º aniversario



SCFAC Annual Report: Translating the FY 23-24 Report



Story Workbook: A Hurricane in North Carolina



### **Campaign Highlights**



Hosting research sessions, interviews and focus groups with more than 160 people.



Learning from more than 23 subject matter experts, health care providers and partners.



Using a website strategy with plain language that has toolkits in English and Spanish.



Writing at a 6<sup>th</sup>-8<sup>th</sup> grade reading level.



**Delivering free, printed materials** to 390+ community organizations across all 100 counties.



1915(i) Example

# **Toolkit: 1915(i) Resources**

The 1915(i) resources page was updated with materials to share information with people who may be eligible for services, as well as caregivers.

The toolkit is available in **English** and **Spanish**. It includes:

- 1915(i) CLS Flyer: How to get help with life skills and daily activities
- <u>1915(i) Overview Flyer</u>: How to get support at home or in your community
- <u>Social Content</u>: Social media posts on 1915(i) services that you can share on your social and digital channels.
- 1915(i) Web Pages: What to know about 1915(i) services, example of available supports and how to get help understanding your options.
- And more!

# Bilingual Toolkit Materials Available for Download:

### **Essentials Presentation** on available services



# **Email templates** for members and partners to download the toolkit



### **Social Media**Posts & Graphics



Flyers to share information about home-based services and supports.



### **English and Spanish Overview Flyers Available for Download**

NC Medicaid 1915(i) Services

# Get support at home or in your community



NC Medicaid 1915(i) services are for people with mental health conditions, substance use disorders, intellectual or developmental disabilities or traumatic brain injuries.

#### 1915(i) services include:



**Help with daily activities,** like bathing or eating



**Job coaching** to find a job that is right for you



**Breaks** for you and your caregivers



**Help with costs** for moving to your own home



Support for building skills, like self-help and problem solving skills

# Ask your NC Medicaid health plan about "1915(i) services."

Call the number listed on your health plan ID card.

Or call the NC Medicaid Ombudsman at 1-877-201-3750.



Learn more at medicaid.nc.gov/1915i



Servicios 1915(i) de NC Medicaid

### Obtén apoyo en tu hogar o comunidad



Los servicios 1915(i) son para personas con condiciones de salud mental, trastorno por uso de sustancias, discapacidad intelectual o del desarrollo o lesiones cerebrales traumáticas.

#### Los servicios 1915(i) incluyen:



**Ayuda con actividades diarias** como bañarte y comer



**Coaching laboral** para encontrar el empleo correcto para ti



**Descansos** para ti y tus cuidadores



**Ayuda con costos** de mudanza a tu propio hogar



Apoyo para que desarrolles habilidades como autoayuda y solucionar problemas

#### Llama a tu plan de salud de NC Medicaid y pregunta sobre los "servicios 1915(i)."

Llama al teléfono que aparece en tu tarjeta de seguro médico.

O llama al Defensor del Pueblo al 1-877-201-3750.



Más información en medicaid.nc.gov/1915i-es.

El Departamento de Salud y Servicios Humanos de Carolina del Norte (NCDHHS) es un proveedor y empleador que ofrece igualdad de oportunidades • 4/2025



# English and Spanish Community Living and Supports Flyers Available for Download

1915(i) Community Living and Supports

# Get help with life skills and daily activities

Extra support for people with intellectual/developmental disabilities or traumatic brain injuries:

- Have a trained worker come help you with the day
- Get help with personal care (like bathing and eating)
- Learn skills for living at home or in the community (like cooking, shopping and staying safe)





### Ask your NC Medicaid health plan about "1915(i) services"

Call the number listed on your health plan ID card.

Or call the NC Medicaid Ombudsman at 1-877-201-3750.



#### Learn more at medicaid.nc.gov/1915i

NC Department of Health and Human Services • NCDHHS is an equal opportunity employer and provider • 4/2025 Stock photo. Posed by model. For Illustrative purposes only.



Vida en comunidad y apoyos 1915(i)

# Obtén apoyo con habilidades para la vida y actividades diarias

Apoyo adicional para personas con discapacidad intelectual o del desarrollo o lesiones cerebrales traumáticas:

- Recibe a un trabajador capacitado que ayude con tu día
- Ayuda con cuidado personal (como bañarte y comer)
- Aprende habilidades para el hogar o para la vida en comunidad (cocinar, ir de compras, mantenerte a salvo)





### Llama a tu plan de salud de NC Medicaid y pregunta sobre los "servicios 1915(i)."

Llama al teléfono que aparece en tu tarjeta de seguro médico.

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El Departamento de Salud y Servicios Humanos de Carolina del Norte (NCDHHS) es un proveedor y empleador que ofrece igualdad de oportunidades • 4/2025 Foto de archivo. Retrato de modelo. Para fines ilustrativos únicamente.



### **Social Media Posts & Graphics**



## **DSP Workforce Data Reporting**

### **DSP Workforce Data Highlights**











### **Improving Outcomes**

On June 14, 2024, DHHS launched a multi-year DSP Workforce Plan to build a skilled workforce to support North Carolina's I/DD population

2 DHHS is working to implement the Educate, Employ, Elevate framework to mitigate NC's shortage of DSP's

Medicaid Funding Rate increase for Innovations
Waiver will benefit DSPs directly and aims to improve
utilization of CLS hours

Report Period: July - September 2024

### **DSP Workforce Plan**

A comprehensive, multi-year strategy to address the critical shortage of DSPs in North Carolina, enhancing service quality, and availability for individuals with Intellectual/Developmental Disabilities (I/DD).

### **Key Components:**

- **1. Plan Development:** Guided by the DSP Advisory Committee as part of our Behavioral Health Investments funded by the General Assembly.
- **2. Focus Areas:** Improved DSP retention, strategic recruitment, and enhanced training programs.
- **3. Stakeholder Engagement:** Incorporates feedback from individuals with disabilities, family members, community partners, and DSPs.



North Carolina Department of Health and Human Services: DMH/DD/SUS Direct Support Professional (DSP) Workforce Plan<sup>1</sup>

6/14/2024

<sup>1</sup> Last Updated: Jun 14, 2024

### **DSP Round 1 Recruitment and Retention Incentives**





Total number of applications: 577

282 Provider Applications
295 EOR Applications



Number of awards given: 142

56 Provider Awards 86 EOR Awards 5 Pilots



**Approximately \$3 Million awarded** 



Administrative funds are available



We look forward to sharing more details!

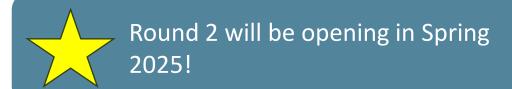
Provider recipients will be posted once confirmed. More details about round two forthcoming.

### **DSP Round 2 Recruitment and Retention Incentive Requirements**

- Allowable uses for the incentives will be limited to:
  - Recruitment

Retention

- Training
- Funding will be made available on a one-time basis; and needs to be spent within 12-months (1 year).
- Providers will be responsible for reporting for 36-months (3 years)
- Eligible provider agencies deliver Medicaid and/or state-funded I/DD services, including providers that operate an Agency with Choice (AWC) model.
- Providers will describe their initiative's impact and budget to help inform design of long-term recruitment, retention and training strategies.
- Applicants may submit only <u>one</u> application for Round 2 (it can contain multiple incentives, i.e. recruitment, retention and training)



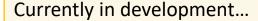
Questions?

Email DMHIDDCONTACT@dhhs.nc.gov

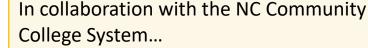
## **Direct Support Professionals Education Programs**

#### **Core Competency Curriculum**

### **DSP Advanced Training**



- Will provide high quality, consistent, no cost training to individuals that are entering the field.
- Will cover topics currently outlined in statute and incorporate additional learnings to prepare individuals for work in the field.
- Provides lessons in a virtual format.
- Will be available state-wide to all learners.
- Relieve some of the burden of training from provider.
- Provide a portable completion certificate



- Is planned to launch in **Fall 2025** at:
  - Ashville Buncombe Technical Community College
  - Forsyth Technical Community College and
  - Stanly Community College
- Will provide specialized training to increase the skillsets of DSPs, create advancement opportunities in the field and increase retention and recruitment in the DSP workforce.





## **Transition / Housing Data Reporting**

### **Transition and Housing Data Highlights**



### **Individuals Began Transition Planning Following In-Reach**

Percentage of People Who Began Transition Following In-Reach



### **Individuals Transitioned From Institutional Settings**

A "successful" transition is defined as living in the community one year after discharge.



Individuals Are Eligible and **Engaged for In-Reach Activities** 

> Percentage of Eligible Individuals Engaged in In-Reach

### **Improving Outcomes**

#### Improving in-reach by:

- Expanding eligibility
- · Standardizing requirements

#### **Ensuring individuals with I/DD**:

- Receive Services and support for transition
- · Are fully educated on all living options
- Are supported in making an informed choice

Engaging with LME/MCOs' housing staff, providers, advocates, and people with lived experience to understand barriers to transitions and find gaps in supports.

Report Period: July - September 2024

## **Transition / Housing Activities**

**Goal:** Increase access to the full continuum of community housing options for individuals with I/DD.



#### **Community Living Guide**

Created the Community
Living Guide, available on
the Inclusion Connects
website, which provides
housing, funding, and
support resources in one
centralized location for
individuals with I/DD.



## Transition Barriers and Supports Exploration

Engaging with LME/MCOs to understand barriers to community transitions and identify needed supports and motivators to aid successful transitions.



### Informed Decision-Making Tool

Collaborating across teams to create an I/DD-specific tool that supports individuals in making a fully informed housing decision.



#### **Success Stories**

Collecting success stories from individuals with I/DD who have moved into noninstitutional settings and the providers who aided their transitions to celebrate their progress and guide others who want to to live in a community setting.



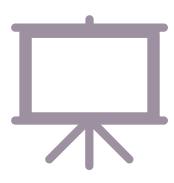
#### **Housing Vouchers**

Pursuing HUD housing vouchers for the I/DD population. A remedial preference letter was recently sent to HUD that would prioritize individuals with I/DD in federal housing programs and the Housing Choice Voucher if approved.

Reporting Update: The Department is working with the LME/MCOs and departmental SMEs to refine the current report template to enhance data collection and analysis

# Q&A





Questions and feedback are welcome at BHIDD.HelpCenter@dhhs.nc.gov.

The recording and presentation slides for this webinar will be posted to the <u>Community</u>
<u>Engagement & Training</u> webpage.