

# Technology with Purpose: Enabling Independence and Inclusion

November 6, 2025



# Slido Question



# Enabling Technology and Assistive Technology

## Enabling technology

- Broader application to the population as a whole
- Promotes accessibility and independence
  - Home sensors
  - Communication systems
  - Mobile applications
  - Wearable smart devices
  - Remote monitoring or support systems

## Assistive Technology

- More tailored to people with disabilities
- Promotes accessibility and independence
  - Mobility aids (ex: wheelchairs)
  - Screen readers
  - Hearing aids
  - Communication tools, such as speech-to-text or eye-tracking software

# Enabling Technology Definition

- The use of various forms of devices and technology to support an individual to live as independently as possible.” Examples include remote patient monitoring or support systems, wearable or other smart devices, mobile applications, communication systems, or home sensors.



# Why is Enabling Technology Important?

Enabling  
Technology is  
used to:

Promote  
independence

Improve quality of  
life and quality  
outcomes

Support caregivers  
and the direct care  
workforce

Enable more  
people to  
participate fully in  
their everyday lives



# ENABLING TECHNOLOGY ENGAGEMENT NETWORK



State of the States  
In Intellectual and Developmental Disabilities

# ETEN Collaboration Participant Types



Who  
participates?



What is it?



Why Do it?



How does it  
work?



So what?

# ETEN Core Team



Health System Transformation, LLC



State of the States  
In Intellectual and Developmental Disabilities



# ETEN Participant Types

Technology  
vendors

Health Plans

State Aging  
Leaders

State  
Disability  
Leaders

State  
Medicaid  
Leaders

# Enabling Technology Categories



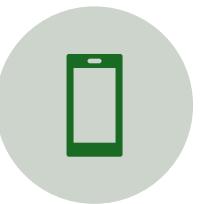
ADAPTIVE EQUIPMENT



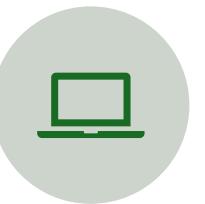
HOME SENSORS



COMMUNICATION SYSTEMS



MOBILE APPLICATIONS



WEARABLE OR OTHER SMART DEVICES



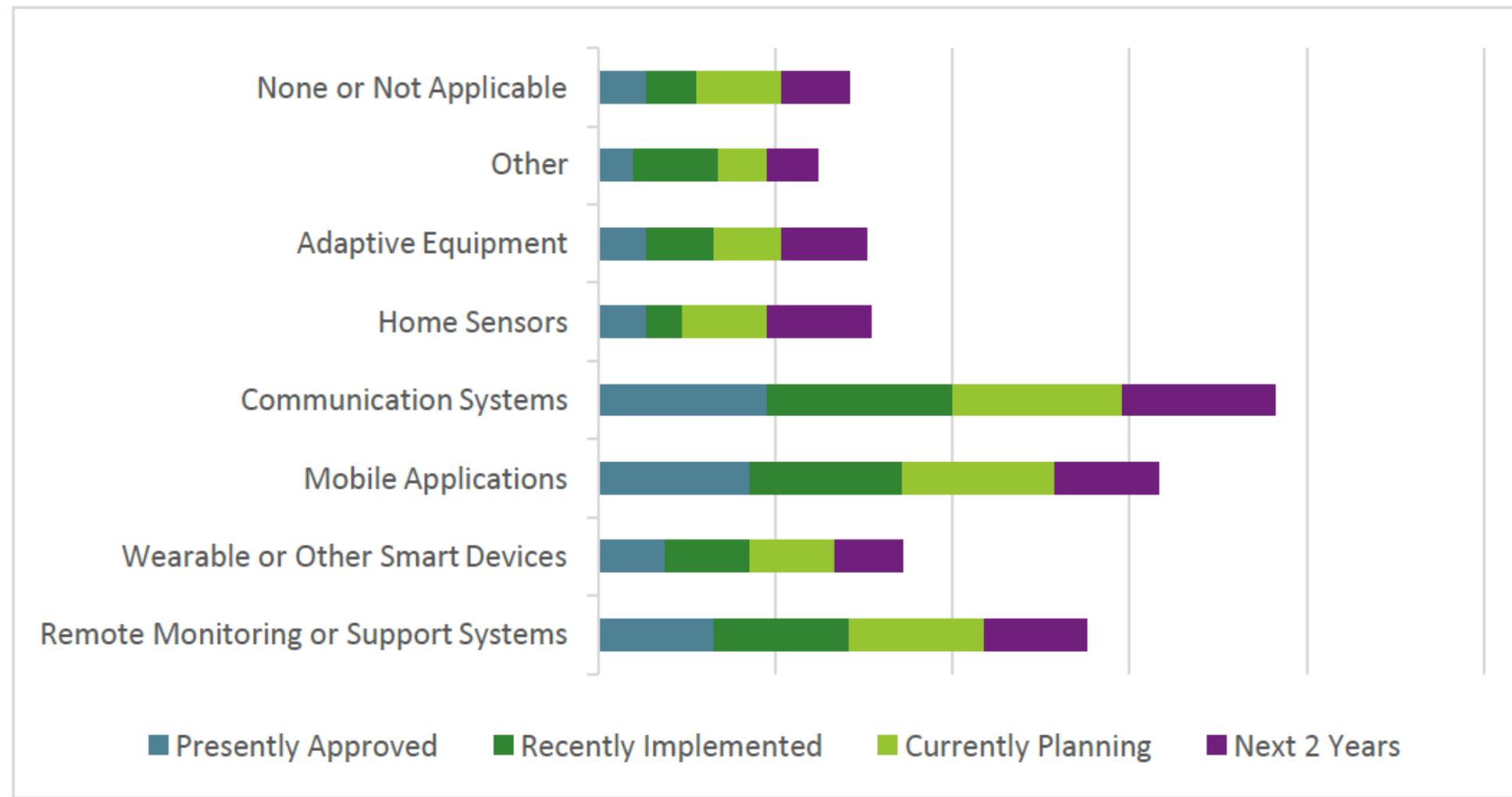
REMOTE MONITORING OR SUPPORT SYSTEMS



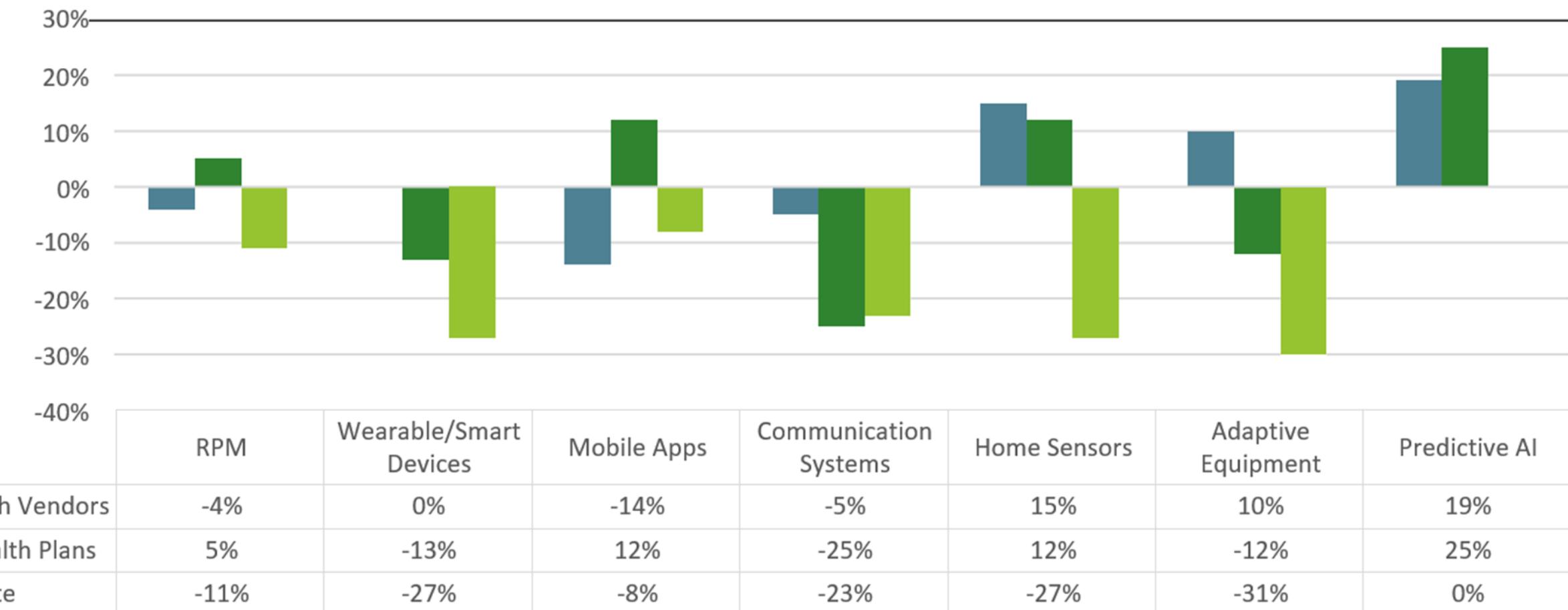
OTHER



## Exhibit 6. Specific LTSS Technology Innovation for Technology Vendors



# PLANS FOR ENABLING TECHNOLOGY IN THE NEXT TWO YEARS



# The ETEN consists of three groups:

Advisory  
Group

Affinity  
Group

Collaborative

Small group of state  
leaders

All states

States, health plans,  
tech vendors

# ETEN Activities



Collaboration with federal partners



National Conferences



The State of Enabling Technology in LTSS Report

# ETEN Year One (2025)



Collaboration between federal partners and Advisory Group  
In-Person Meeting in August 2025



National Conferences in August and November with Enabling Technology intensives at both AAdvancingStates and here at NASDDDS!



Enabling technology waiver tool under construction!

# ETEN Year Two (2026)



Collaboration with federal partners continues with use case development to identify areas for alignment



National Conferences will again have Enabling Technology Intensives and additional opportunities to share use cases among Technology Innovators, Health Plans, and State Program Leaders.



The State of Enabling Technology in LTSS Report, The next survey is in the planning stages!

# ETEN Year Two (2026 continued...)



Outtake from year one includes a number of ideas to improve the year long collaborative work and create new opportunities for solving challenges together. An additional Collaborative meeting will be held and use cases will be worked on together!



Learning opportunities including shared resources and webinars designed to showcase successes and allow for opportunities to identify evolving best practices



More states will be joining the Advisory Committee along with new Health Plan's and Technology Vendors as part of the year long Collaborative!

# ETEN Collaborative Tech Vendor Participation

We are seeking tech vendors to participate in ETEN!



As a member of the Enabling Technology Engagement Network, vendors will:

Showcase solutions at premier events

Connect with policy makers and industry leaders

Shape policies to drive innovation

Access exclusive learning and collaboration opportunities